

Did You Know?

Accidents are the leading cause of death for people up to age 44 in the U.S. — the fifth leading cause overall.

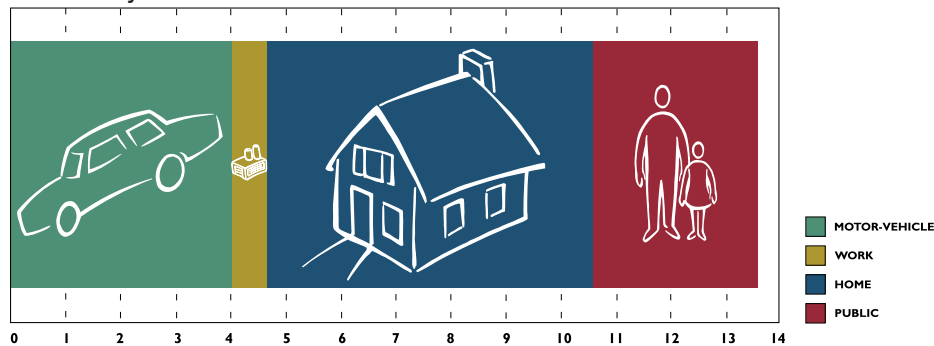
National Safety Council, Injury Facts®, 2010 Edition



Help Keep You and Your Family Safe

Accidents can happen to anyone at anytime and anywhere.

Deaths Every Hour . . .



However, with some diligence and caution, many accidents can be prevented. American General has compiled the list of safety tips below to help minimize the chances of someone in your family being involved in a fatal accident.

Lessen the Odds of Accidental Injury or Death

- Do all you can to lower your risk when in the car.
 - Wear seat belts and have children in proper restraints.
 - Don't drive when tired or intoxicated.
 - Limit cell phone use, eating, or other distractions while driving.
- Update your home for safety.
 - Keep small objects, cleaning products and medicines out of children's reach.
 - Use safety gates near stairways for infants and toddlers.
 - Have a swimming pool fenced and suitably supervised.
 - Keep stairs and walkways free of clutter.
 - Make sure throw rugs, showers and bathtubs are skid resistant.
 - Use a sturdy ladder — not a chair, stool or box.

Sonia's Story: Having Money at a Critical Time Helped Keep Her Family Going¹

Sonia never expected to lose her husband Greg at such an early age. He was only in his mid-thirties when an auto accident took his life. Fortunately for Sonia and her two children, Greg had purchased a \$100,000 AD&D policy at work. And, because Greg was wearing a seat belt at the time of the accident, the policy paid an extra \$10,000. After investing most of the total lump-sum benefit with a trusted financial advisor, Sonia had enough to supplement her salary for payment of all the household bills. She was even able to set aside several thousand dollars to help assure Greg's dream of helping their children through college.

For more information, visit
americangeneral.com/employeebenefits.

American General Life Companies

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